

## KLEINTYD WEEKLY MENU

### WEEK 1

Daily breakfast & afternoon fruit/snack included

|           |                                     |
|-----------|-------------------------------------|
| MONDAY    | SPAGHETTI BOLOGNAISE                |
| TUESDAY   | BEEF STEW WITH MIXED VEG            |
| WEDNESDAY | BACON PASTA                         |
| THURSDAY  | SWEET & SOUR CHICKEN & VEG STIR FRY |
| FRIDAY    | FISH FINGERS & CHIPS                |

### WEEK 2

Daily breakfast & afternoon fruit/snack included

|           |                          |
|-----------|--------------------------|
| MONDAY    | CHICKEN & MUSHROOM PASTA |
| TUESDAY   | BEEF MINCE CURRY         |
| WEDNESDAY | CARROT BEEF STEW         |
| THURSDAY  | CHICKEN & RICE OVEN DISH |
| FRIDAY    | HOTDOGS                  |

### WEEK 3

Daily breakfast & afternoon fruit/snack included

|           |                                   |
|-----------|-----------------------------------|
| MONDAY    | BUTTERNUT & COCONUT CHICKEN CURRY |
| TUESDAY   | BACON PASTA                       |
| WEDNESDAY | CHICKEN A LA KING                 |
| THURSDAY  | MINCE & MIXED VEG COTTAGE PIE     |
| FRIDAY    | CHICKEN STRIPS & CHIPS            |

### WEEK 4

Daily breakfast & afternoon fruit/snack included

|           |                                   |
|-----------|-----------------------------------|
| MONDAY    | SPAGHETTI BOLOGNAISE              |
| TUESDAY   | BUTTERNUT & COCONUT CHICKEN CURRY |
| WEDNESDAY | MINCE AND RICE OVEN BAKE          |
| THURSDAY  | FISH FINGERS & MASH               |
| FRIDAY    | TOASTED CHEESE & HAM SANDWICHES   |

Daily breakfast & afternoon fruit/snack included

**WEEK 5**

|           |                          |
|-----------|--------------------------|
| MONDAY    | TOMATO BEEF STEW         |
| TUESDAY   | CHICKEN & MUSHROOM PASTA |
| WEDNESDAY | BEEF MINCE CURRY         |
| THURSDAY  | CHICKEN & RICE OVEN DISH |
| FRIDAY    | SAUSAGE ROLLS            |